

GLUTEN FREE & DAIRY FREE MENU



# Chellaston Junior/Infant School

★ SCHOOL DINNERS WEEK 4 ★  
Week Commencing – 20/03 – 17/04 – 15/05 – 12/06 – 10/07



East Midlands  
Education Trust

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DAY	MAIN MEALS	SIDE DISHES	DESSERT OF THE DAY
<b>Monday</b>	Meatballs	Tomato Sauce & Pasta Mixed Veg	Sponge Cake (E)
<b>Tuesday</b>	Chicken Curry Veggie Curry	Basmati Rice Garden Peas	Ice Cream
<b>Wednesday</b>	Savoury Mince Beef Savoury Quorn Mince	Mash Potatoes Seasonal Veg	Lemon Muffin (E)
<b>Thursday</b>	Hot Dogs	French Fries & Baked Beans Garden Peas	Chocolate Muffin
<b>Friday</b>	Fish Fingers (F)	Potato Smileys Garden Peas & Sweetcorn	Cookie (E)

**Also Available are our Salad Bar, Fresh Fruit & Jacket Potatoes**  
**All menus subject to change**



CELERY (C) CRUSTACEANS(CR) EGGS(E) FISH (F) GLUTEN (G) LUPIN (L) MILK (M) NUTS(N)  
MOLLUSCS(MU) PEANUTS (P) SESAME (SE) SOYBEANS(S) SULPHITES(SU)

