

GLUTEN FREE & DAIRY FREE MENU



East Midlands
Education Trust



Chellaston Junior/Infant School



SCHOOL DINNERS WEEK 2



WC 06/03 – 03/04 – 01/05 – 29/05 – 26/06



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DAY	MAIN MEALS	SIDE DISHES	DESSERT OF THE DAY
Monday	Chicken Burger	Creamed Potatoes Sweetcorn & Garden Peas	Rice Krispie Cake
Tuesday	Bacon	Hash Brown & Baked Beans Mushrooms & Tomato	Cookie
Wednesday	Roast Beef	Roast Potato Seasonal Veg & Gravy	Rice Pudding Jam or Sultanas
Thursday	Chicken Tikka Veggie Curry	Basmati Rice & Salad Garden Peas	Fruit Salad
Friday	Fish Fingers	Chips & Mushy Peas Sweetcorn	Flapjack
Also Available are our Salad Bar, Fresh Fruit & Jacket Potatoes All menus subject to change			



CELERY (C) CRUSTACEANS(CR) EGGS(E) FISH (F) GLUTEN (G) LUPIN (L) MILK (M) NUTS(N)
MOLLUSCS(MU) PEANUTS (P) SESAME (SE) SOYBEANS(S) SULPHITES(SU)

