

GLUTEN FREE & DAIRY FREE MENU



Chellaston Junior School



★ SCHOOL DINNERS WEEK 2 ★



Week commencing 04/04 – 16/05 – 20/06 – 18/07

DAY	MAIN MEALS	SIDE DISHES	DESSERT OF THE DAY
Monday	GF Cheese & Tuna Melt Wrap	Herby Diced Potatoes Salad & Sweetcorn	Banana Muffin (E)
Tuesday	English Breakfast	Baked Beans, Mushrooms Scrambled Egg & GF Bread	Cookie (E)
Wednesday	Roast Beef	Mash Potatoes, Seasonal Veg Gravy	Jam Sponge (E)
Thursday	Chicken Tikka	Side Salad & Garden Peas	Fruit Salad
Friday	Fish Fingers	French Fries & Mushy Peas	Dairy & Gluten Free Flapjack

Also Available are our Salad Bar, Fresh Fruit & Jacket Potatoes
All menus subject to change



CELERY (C) CRUSTACEANS(CR) EGGS(E) FISH (F) GLUTEN (G) LUPIN (L) MILK (M) NUTS(N)
MOLLUSCS(MU) PEANUTS (P) SESAME (SE) SOYBEANS(S) SULPHITES(SU)

