



GLUTEN & DAIRY FREE School Dinner Menu



Monday

Week Commencing 8th November

Choose a Main
Cheese pizza

With
Chips
Peas
Baked beans
Coleslaw (E)

Dessert
Homemade shortbread (S,)

Week Commencing 15th November

Choose a Main
Tomato & basil pasta
bake

With
Garlic Bread
Peas
Corn on the cob

Dessert
Sponge cake (E)

Week Commencing 22nd November

Choose a Main
Quorn fillets (E)

With
Chunky chips
Mixed vegetables
Baked beans

Dessert
Apple sponge (E)

Week Commencing 29th November

Choose a Main
Penne pasta with
homemade tomato
sauce

With
Garlic bread
Mixed vegetables

Dessert
Chocolate Sponge (E)

Tuesday

Choose a Main
Savoury mince

With
Creamed potatoes
Green beans
Sweetcorn

Dessert
Lemon tart

Choose a Main
Oven baked chicken

With
Vegetable rice
Peas

Dessert
Ice-cream (M) & Dairy free ice cream

Choose a Main
Homemade chicken
curry

With
Basmati rice
Peas

Dessert
Fruit salad

Choose a Main
Oven baked fish (F)

With
Potato cubes
Mushy peas
peas

Dessert
Jelly & peaches

Wednesday

Choose a Main
Roast beef
Fresh carrots gravy

With
Roast potatoes
Fresh broccoli

Dessert
Iced sponge (E)

Choose a Main
Roast Gammon
Seasonal vegetables

With
Roast potatoes
Gravy, carrots

Dessert
Apple crumble & dairy free custard

Choose a Main
Roast pork
Cabbage gravy

With
Roast potatoes
Fresh carrots,

Dessert
Jam tart

Choose a Main
Roast chicken
gravy

With
Roast potatoes
Carrots, peas

Dessert
Lemon drizzle cake (E)

Thursday

Choose a Main
Meatballs

With
Pasta
Mixed vegetables
Mushrooms

Dessert
Sponge (E)

Choose a Main
Big breakfast bacon
Hash browns

With
Baked beans
Eggs (E,S) tomatoes
mushrooms

Dessert
Sponge cake (E)

Choose a Main
Oven cooked pork
sausage roll (E)

With
Boiled potatoes
Sweetcorn, broccoli
Peas, gravy

Dessert
Melon & grapes

Choose a Main
Homemade steak pie

With
Broccoli, sweetcorn
Creamed potatoes

Dessert
Banana muffin (E)

Friday

Choose a Main
Chicken chunks

With
French fries
Peas
Baked beans

Dessert
Homemade biscuits

Choose a Main
Oven baked fish
fingers (F)

With
Potato wedges
Mushy peas
Peas

Dessert
Banana muffin (E)

Choose a Main
Chicken goujon

With
French fries
Baked beans
Garden peas

Dessert
Blueberry muffin (E)

Choose a Main
Hot dog in bun (E)

With
Potatoes waffles
Baked beans
Peas

Dessert
Ice cream (M) & dairy free ice ream

Jacket potatoes available daily!



ALLERGIES - Children with allergies will be catered for from the menu using modified dishes when necessary. This is the Gluten Free menu

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk, (MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites. Some ingredients may contain traces of other allergens if they are produced in premises where they are present.