



Games Progression Map

	Year 3	Year 4	Year 5		Year 6	
Vocabulary	Invasion Games: Movement Tactics Possession Passing Teamwork	Invasion Games: Movement Tactics Possession Passing Teamwork Communication Spatial	Invasion Games: Movement Tactics Possession Passing Teamwork	Communication Spatial Dodging Accuracy Defence Attack	Invasion Games: Movement Tactics Possession Passing Teamwork Communication Spatial	Dodging Accuracy Defence Attack Dribbling Marking Foul
	Net & Wall Games: Stance Power Tactics Accuracy Direction	Net & Wall Games: Stance Power Tactics Accuracy Direction Position Evaluate	Net & Wall Games: Stance Power Tactics Accuracy	Direction Position Evaluate Forehand Backhand	Net & Wall Games: Stance Power Tactics Accuracy Direction	Position Evaluate Forehand Backhand Volley Rally
	Striking & Fielding Games: Underarm Direction Fielding Striking	Striking & Fielding Games: Underarm Direction Fielding Striking Contact	Striking & Fielding Games: Underarm Direction Fielding	Striking Contact Batting Bowling Sportsmanship	Striking & Fielding Games: Underarm Direction Fielding Striking	Contact Batting Bowling Sportsmanship Communication Long barrier
	Outdoor Adventure: Orienteering Problem-solving Warmups Cool downs	Outdoor Adventure: Orienteering Problem-solving Warmups Cool downs Tactics Strategies	Outdoor Adventure: Orienteering Problem-solving Warmups Cool downs Tactics	Strategies Collaborating Balance Counter-balance Timing Spotting	Outdoor Adventure: Orienteering Problem-solving Warmups Cool downs Tactics	Strategies Collaborating Balance Counter-balance Timing Spotting Stamina

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Invasion Games	<ul style="list-style-type: none"> -Identify and perform a range of fundamental movement skills. -Begin to describe simple tactics used in the game to keep possession. -Begin to demonstrate accurate throwing and catching. -Describe the elements of successful passing. -Begin to demonstrate accuracy and control when passing. -Use good teamwork skills when playing a game. -Develop receiving skills. -Begin to identify space when playing in a game. -Explore how to get free from an opponent. -Explore fast, quick movement when trying to get past an opponent. -Begin to show effective communication with team mates. Explore different ways to defend. Demonstrate spatial awareness when moving. 	<ul style="list-style-type: none"> Identify and perform a range of fundamental movement skills. -Describe simple tactics used in the game to keep possession -Show accurate throwing and catching. -Describe the elements of successful passing. -Show accuracy and control when passing. -Use good teamwork skills when playing a game. -Identify space when playing in a game. -Show how to get free from an opponent. -Show fast, quick movement when trying to get past an opponent. -To show effective communication with team mates. -Show different ways to defend. -Demonstrate spatial awareness when moving. 	<p>Tag Rugby:</p> <ul style="list-style-type: none"> -Understand the importance of dodging when trying to get free from a defender. -To know how to pass the ball with accuracy. -Begin to attempt to work as a team when attacking. -Attempt to pass with accuracy when under pressure. -Apply a range of tactics when playing in defence and attack. -Evaluate others work and make suggestions to improve. -Understand the pass back rule. -Show good sportsmanship when playing against each other. -Show a pulse raising activity and stretches within a warm up. 	<p>Basketball:</p> <ul style="list-style-type: none"> -Identify the different fundamental movement skills used in basketball. -Know how to dribble using the correct technique. -Know the different passes used in basketball. -Begin to understand the dribbling and passing rule. -Keep possession of the ball when dribbling. -Invent own dribbling drills using previous knowledge. -Use "man to man" marking to improve defence in a game situation. -Describe how a foul is caused. -Show control when shooting the ball. -Deliver a warm-up activity. -Identify what skills are needed to improve play. 	<p>Tag Rugby:</p> <ul style="list-style-type: none"> -Identify the fundamental movement skills used for dodging. -Perform a variety of dodges to lose defenders. -Pass the ball with control, looking at the person before releasing the ball. -Communicate as a team. -Choose skills and tactics as a team to suit the game. -Show controlled passes when under pressure. -Evaluate others work and make suggestions to improve. -Understand the pass back rule. -Show spatial awareness when running with the ball. -Perform passes accurately on both sides of the body. -Show good sportsmanship when playing against each other. -Show a pulse raising activity and stretches within a warm up. 	<p>Basketball:</p> <ul style="list-style-type: none"> -Identify and explore the different fundamental movement skills used in basketball. -Show some control of the ball when dribbling. -Name at least 2 of the passes used in basketball. -Show control when performing the different passes. -Explain the dribbling and passing rule. -Keep possession of the ball when under pressure. -Invent own dribbling drills using previous knowledge and understand how to make activity easier or harder. -Use "man to man" marking to improve defence in a game situation. -Understand how a foul is caused. -Describe the BEEF technique when shooting and show control. -Identify what skills are needed to improve their play. -Show a pulse raising activity and stretches within the warm-up. -Suggest different ways techniques or tactics could be improved.



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Invasion Games (Cont...)			<p>Netball:</p> <ul style="list-style-type: none"> -Know the different passes used in netball. -Explore the areas of a netball court. -Understand the footwork rule. -Identify and develop the fundamental movement skills used in netball. -Know the positions of a high five netball team. -Understand the roles of the different positions. -Know different ways of dodging. -Understand the importance of being able to dodge effectively. -Identify fundamental movement skills used when attacking in netball. -Apply attacking skills to keep possession of the ball. -Apply a range of tactics when defending. -Watch others and suggest improvements. -Communicate with each other to plan tactics. -Show good sportsmanship when playing against each other. 	<p>Football:</p> <ul style="list-style-type: none"> -know how to dribble using different parts of the foot. -Understand the importance of space when dribbling. -Make short controlled passes. -Identify strengths and weaknesses when passing. -know how to shoot using the correct technique. -Learn how to close down the space when defending. -Use a range of tactics in attack and defence. -Show good sportsmanship when playing as a team. -Make changes to improve performance. -Use a range of tactics in attack and defence. -Deliver a warm-up activity. 	<p>Netball:</p> <ul style="list-style-type: none"> -Perform the three different types of passes with some control. -Show the different areas of the netball court. -Select the correct pass in a game situation. -Describe the footwork rule. -Perform correct footwork most of the time. -Perform the fundamental movement skills used in netball with good control. -Explain the roles of at least 2 positions of a high five netball team. -Mark opposite players, staying close to them. -Perform a type of dodge successfully. -Explain why it is important to dodge when playing netball. -Identify fundamental movement skills used when attacking in netball. -Apply attacking skills to keep possession of the ball in a competitive situation. -Show some understanding of how to defend in the game of netball. -Watch others and suggest improvements. -Communicate with each other to plan tactics. -Show good sportsmanship when playing against each other. 	<p>Football:</p> <ul style="list-style-type: none"> -Keep control of the ball when dribbling -Keep the ball close to the body when dribbling. -Show awareness of space when moving with the ball. -Pass with accuracy when under pressure. -Communicate with partner. -Identify strengths and weaknesses when passing and make changes that could improve passing technique. -Describe the key points of the shooting technique. -Show power and accuracy when shooting. -Play effectively in a team. -Show a low balanced position with their heads up ready to react to attackers. -Show good sportsmanship when playing as a team. -Show a pulse raising activity and stretches within the warm-up.

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Net & Wall Games	<ul style="list-style-type: none"> -Begin to demonstrate the correct stance for the ready position. -Understand the importance of power when sending over a range of distances. -Discuss simple tactics when trying to score a point -Begin to push a ball with some degree of accuracy when working with a partner. -Demonstrate a range of fundamental skills. -Attempt to show good ball control when attempting to return it. -Attempt to maintain control during a rally with a partner. -Begin to identify how to change the speed of the ball when playing in a game. -Attempt to control the direction of the volley with good racket control. -Evaluate others work using simple criteria. -Show awareness of opponents and team mates when playing games. -To know when to mark a player and when to mark the space. -Watch others and give ideas of how to improve skills 	<ul style="list-style-type: none"> -Demonstrate the correct stance for the ready position. -Understand the importance of power when sending over a range of distances. -Discuss simple tactics when trying to score a point -Push a ball with accuracy when working with a partner. Demonstrate a range of fundamental skills. -Show good ball control when attempting to return it. -Maintain control during a rally with a partner. -Know how to change the speed of the ball when playing in a game. -Control the direction of the volley with good racket control. -Evaluate others work using simple criteria. -Show awareness of opponents and team mates when playing games. -To know when to mark a player and when to mark the space. -Watch others and give ideas of how to improve skills 	<ul style="list-style-type: none"> -Begin to show the ready position when waiting for the ball. -Know how to send a ball with the correct power. - Perform a range of fundamental movement skills. -Attempt to use a racket with the correct technique. -Understand how to perform a forehand shot. -Understand how to perform a backhand shot. -Know where to stand in order to receive the ball successfully. -know what a volley shot is. -Understand when to use a volley shot. -Learn simple scoring rules. -Identify others strengths and weaknesses and suggest ways for them to improve. -Evaluate and recognise own success. -Show good sportsmanship when playing against each other. 	<ul style="list-style-type: none"> -Show the ready position when waiting for the ball. -Change power of the ball when sending over a range of distances. -Perform a range of fundamental movement skills with control. -Show correct grip when holding the racket. -Perform the forehand shot with some control. -Show correct grip of racket when performing the backhand. -Understand when to use a backhand shot. -Recover to the middle after all shots. -Describe key points of the volley shot. -Show good rally position when playing in a rally. -Apply simple scoring rules when playing in a game. -Identify others strengths and weaknesses and suggest ways for them to improve. -Evaluate and recognise own success. -Describe what makes own performance effective. -Show good sportsmanship when playing against each other.

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Outdoor Adventurous Activities	<ul style="list-style-type: none"> -Begin to explore a range of orienteering and problem solving activities. - Attempt to lead simple OAA related warm ups and cool downs Understand why OAA is good for your well-being. - Select and use simple tactics and strategies to overcome problems and challenges Co-operate effectively to work as a team. - Show strength, speed and stamina in OAA activities. -Effectively apply techniques to support yourself and others when undertaking OAA activities (balance, counter-balance, timing, spotting) 	<ul style="list-style-type: none"> -Explore a range of orienteering and problem solving activities. - Lead simple OAA related warm ups and cool downs Understand why OAA is good for your well-being. - Select and use simple tactics and strategies to overcome problems and challenges Co-operate effectively to work as a team. - Show strength, speed and stamina in OAA activities. -Effectively apply techniques to support yourself and others when undertaking OAA activities (balance, counter-balance, timing, spotting) 	<ul style="list-style-type: none"> -Explore a range of orienteering and problem solving activities. -Attempt different ways of communicating, collaborating and competing with each other. -Begin to develop an understanding of how to improve in a variety of outdoor and adventurous activities. -Demonstrate strength, speed and stamina in OAA activities. -Confidently apply techniques to support yourself and others when undertaking OAA activities (balance, counter-balance, timing, spotting) 	<ul style="list-style-type: none"> -Explore a range of orienteering and problem solving activities. -Explore different ways of communicating, collaborating and competing with each other. -Develop an understanding of how to improve in a variety of outdoor and adventurous activities. -Demonstrate good strength, speed and stamina in OAA activities. -Confidently apply techniques to support yourself and others when undertaking OAA activities (balance, counter-balance, timing, spotting)

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Striking & Fielding	<ul style="list-style-type: none"> - Perform basic fundamental movement skills with control. -Begin to understand how to send underarm and receive a ball with control. -Begin to throw forwards, straight direction. -Select the correct type to suit the needs of the game. -Begin to develop a range of fielding skills. -Explore simple striking skills. -Make contact with ball, using a variety of equipment. -Devise own rules and scoring system. -Show awareness of space. 	<ul style="list-style-type: none"> - Perform basic fundamental movement skills with control. -Know how to send underarm and receive a ball with control. -To throw forwards, straight direction. -Select the correct type to suit the needs of the game. -Develop a range of fielding skills. -Show simple striking skills. -Make contact with ball, using a variety of equipment. -Devise own rules and scoring system. -Show awareness of space. 	<p>Cricket:</p> <ul style="list-style-type: none"> -Identify the fundamental movement skills used in cricket. -Explore a range of techniques when throwing. -Begin to show reaction skills to stop the ball from touching the floor. -Attempt to perform the correct side on body position when batting. -Begin to follow through the batting strike to target. -Begin to apply striking into competitive games with accuracy. -Attempt to hit a drop fed ball accurately. -Recognise own strengths and weaknesses when batting. -Know how to bowl using the correct technique. -Show some accuracy when performing the bowling action. -Understand how to differentiate bowling. -Begin to apply different bowling in a game. -Begin to demonstrate various ways of fielding the ball, long barrier and one handed pick up. -Evaluate and recognise own success. -Show good sportsmanship when playing against each other. 	<p>Cricket:</p> <ul style="list-style-type: none"> -Explore the different fundamental movement skills used in cricket. -Know when to change the height and speed of the ball when throwing. -Show good reaction skills to stop the ball from touching the floor. -Perform the correct side on body position when batting. -Follow through the batting strike to target. -Apply striking into competitive games with accuracy. -To hit a drop fed ball accurately. -Show more confidence when batting. -Identify practices that could improve performance. -Hold a ball using the correct bowling grip. -Show good control when performing the bowling action. -Identify strengths and weaknesses in other bowlers. -Use different speeds when bowling. -Show simple bowling in four wicket cricket. -Communicate with each other when batting. -Show various ways of fielding the ball, long barrier and one handed pick up. -Communicate with each other to plan tactics. -Describe what made own performance effective. -Show good sportsmanship when playing against each other.
			<p>Rounders:</p> <ul style="list-style-type: none"> -Identify the fundamental movement skills used in rounders. -Develop throwing and catching skills. -Begin to understand the role of backstop. -Begin to show the correct body position when bowling. -Attempt bowling at the correct height. -Know the different areas of a rounders pitch. -Begin to demonstrate accuracy when hitting towards targets. -Use simple batting tactics, to hit into open space. -Begin to make quick decisions when fielding. -Know how to perform the long barrier technique. -Evaluate strengths and weaknesses when fielding. -Begin to understand where to send the ball when fielding in different positions. -Apply knowledge of rules in a game situation. 	<p>Rounders</p> <ul style="list-style-type: none"> -Perform the different fundamental movement skills with control. -Throw and catch successfully when under pressure. -Understand the role of backstop. -Show the correct body position when bowling. -Demonstrate bowling at the correct height. -Describe at least 2 simple bowling rules. -Successfully hit a ball with differentiated equipment. -Know the different areas of a rounders pitch. -Work as a team when playing in a small sided game. -Demonstrate accuracy when hitting towards targets.