

# **CJS News**

# Friday 19th March 2021

Page 1 of 7



### **Looking Ahead**

Tues 23rd March & Weds 24th March **Duffield Parents' Meetings** 

Friday 26th March Wear a Hat Day

Final day of term – Thurs 1st April

Friday 2<sup>nd</sup> April - Friday 16<sup>th</sup> April Easter Holidays

Monday 19th April Children return to school

Monday 29th March – Sunday 4th April World Autism Awareness Week

# Friday 23rd April

St George's Day – Scouts & Brownies can come to school in their uniform.

### Wear a Hat Day

# Wear A Hat Day is coming to CJS on Friday 26th March 2021!

Since Wear A Hat Day was first launched in 2010, it has raised more than £2 million to help fund crucial research at the UK Brain Tumour Research Centres of Excellence. The day also helps to promote the vital campaigning activity to influence UK governments and larger cancer charities to invest more in research nationally.

There is still much more to be done to find a cure, so please put your thinking caps (or any headwear) on and donate on our Just Giving page here to help us raise much needed funds to support this brilliantly important charity.

# How creative can your headwear get?



CJS News 19th March 2021 Page 1 of 7



# **CJS News**

# Friday 19th March 2021 Page 2 of 7



#### Chellaston Junior School



Together we are stepping to success.
Together we are working to achieve our best.

Our alm in striving to become an outstanding school, at CJS we will help ALL publis to be:

Successful Learners who enjoy learning, make excellent progress and achieve very high standards across the curriculum.

Confident individuals who are able to lead happy, safe, healthy and fulfilling tives.

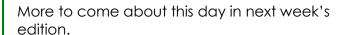
Responsible Clitterns who make a positive contribution to British and the global society.



# **Roman Day**

Year 3 had fun on their Roman Day this week. Learning to be Roman Centurians and digging for Roman artefacts.







CJS News 19th March 2021 Page 2 of 7



# **CJS News**

# Friday 19th March 2021

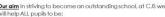
Page 3 of 7



#### Chellaston Junior School

Together we are stepping to success.

Together we are working to achieve our best.



essful Learners who enjoy learning, make

ess and achieve very highs Confident Individuals who by and fulfilling lives Responsible Citizens who



# **Viking Day**

On Wednesday 17th March, Year 4 took part in a Viking Day at school. Most of the children dressed up as Vikings to greet Bjorn the Beardless. The children took part in 4 different activities including battle formations, becoming archaeologists and identifying artefacts. They had a fantastic day and fully engaged with it all. A big thank you to all the parents for preparing the children with their outfits - they were fantastic! And a big thank you to Historic Workshops for a memorable and fantastic day!









CJS News 19th March 2021 Page 3 of 7



# **CJS News**

# Friday 19th March 2021

Page 4 of 7



#### Chellaston Junior School

Together we are stepping to success.

Together we are working to achieve our best.



Successful Learners who enjoy learning, amoste excellent ess and achieve very high standards across the curriculur Confident Individuals who are able to lead happy, safe, hy and fulfilling files Responsible Citizens who make a positive contribution to



#### **Beat the Street**

CJS have signed up to 'Beat the Street' which will be launched in Derby later in the month. Beat the Street is a fun, free initiative that will see Derby transformed into a giant game! See how far you can walk, cycle, run, scoot and roll in just 6 weeks. There are great challenges to enjoy and prizes up for grabs. The game is currently planned to start on 31 March and end on 12 May 2021. More details and information packs will follow next week although further information can be found here and here.

#### Dan the Skipping Man

We started the week amazingly with every class having a 30 minute slot with Dan the Skipping Man (or in reality his colleagues!). The children were taught different skills including how to get started and how to perform 'the pretzel'. Children were then encouraged to take part in a double-dutch challenge.

Now each child has a skipping rope in school, we hope the sessions have inspired children to be physically active while also seeing rewards



for their determination and perseverance. If children have their own ropes at home then the following links are really useful in explaining in small steps to become a skipping champion! https://www.dantheskippingman.com/ https://www.youtube.com/user/dantheskippin gman

CJS News 19th March 2021 Page 4 of 7



# **CJS News**

# Friday 19th March 2021

Page 5 of 7

# **World Autism Awareness Week**

From Monday 29th March to Sun 4th April it is World Autism Awareness Week.

We are going to share with the children a variety of resources that have been provided by the Social Communication and Autism team at Derby City Council. It is so important that our children understand their diagnosis when they have Autism and that the people around them have an understanding of how it feels to have Autism. This a great opportunity for this to happen. It is very important that children with Autism have a voice and a sense of acceptance form their peers.



We also feel that by everyone participating in the activities this will have a positive impact on all children not just those with Autism. We will be using the 5 rules for Autism Friendly Schools.

Many famous people have Autism and have become very successful at what they do, some of these are:

Albert Einstein, Greta Thunberg, Chris Packham, Bill Gates and Guy Martin to name but a few.

Rule 5

Mrs Holmes

# Five rules for autism-friendly schools

A few small adjustments can make a big difference for everyone.

# Rule 1

Give people time to think and answer questions.



### Rule 2

Support people who find change difficult.





# Rule 3

Help keep lights low and the sound down.



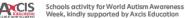
### Rule 4

Understand people get anxious about new places and faces.





# And, if someone is having a really hard time ... ... give them a smile and help them feel fine.



CJS News 19th March 2021 Page 5 of 7



# **CJS News**

Friday 19th March 2021

Page 6 of 7



#### Chellaston Junior School

Together we are stepping to success.

Together we are working to achieve our best.



Our aim in striving to become an outstanding school, at CJS we will help ALL pupils to be:

Successful Learners who enjoy learning, make excellent progress and achieve very high standards across the curriculum

Confident individuals who are able to lead happy, safe, healthy and fulfilling lives

Responsible Citizens who make a positive contribution to British and the global society





Whether you want to learn to ride. commute with more confidence. or build your skills to ride with your family at the weekend.





# Family Bikeability

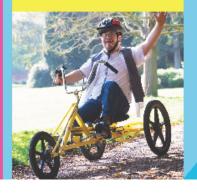
Cycle training for families of up to 6 people. Learn new skills and increase your ability to ride together more confidently.

All members must be able to ride a bike. We have beginners courses for anyone new to cycling.



of 40, specially adapted bikes can cater for any age, ability or additional need.

Contact our team on 01332 641747 to book 1 to 1 or group sessions.



CJS News 19th March 2021 Page 6 of 7



# **CJS News**

# Friday 19th March 2021

Page 7 of 7



#### Chellaston Junior School

Together we are stepping to success. Together we are working to achieve our best.



Our aim in striving to become an outstanding school, at CJS we will help ALL publis to be:

Successful Learners who enjoy learning, make excellent progress and achieve very high standards across the curriculum.

Contident individuals who are able to lead happy, safe, healthy and fulfilling lives

Responsible Citizens who make a positive contribution to British and the global society





Learn to Ride

mastered it.

not essential

Wed 7<sup>th</sup> Apr

50 Minute Lesson for £20

Own bike preferred but

Dates & Times

Mon 12<sup>th</sup>,Wed 14<sup>th</sup> & Fri 16<sup>th</sup> Apr

50 minute sessions from 10am-3.30pm

Children getting onto two wheels for the first time, or have almost

# Easter Holiday

www.cyclederby.co.uk

# Bikeability Level 1

10-16

2 hour sessions covers nationally recognized outcomes for riding in control,in the presence of others. This is traffic free.

Venue Markeaton Park £20

#### You need:

- · Your own roadworthy bike & helmet
- To be able to ride unaided Dates & Times

# **Bikeability** Level 2

10-16

2-Day Course at Markeaton

Bikeability Level 2 covers nationally recognised outcomes for riding on quiet roads.

- · Your own roadworthy bike &
- To be a competent rider
- Must have completed Level 1 on previous day.
- Pack up lunch

#### Dates & Times

Fri 9<sup>th</sup> April 10-3pm

All activities must be booked in advance

cycle\_derby



cyclederby

Please call: 01332 641747 or email: cyclederby@derby.gov.uk

Appropriate Covid-19 safety measures will be in place







www.cyclederby.co.uk

# **Holiday Club**

Moorways Stadium Derby £15

2 hour session to have fun. build confidence & bike skills

#### You need:

- · Your own bike & helmet
- · To be able to ride unaided
- A drink

#### Dates & Times

# **Holiday Club**

### Darley Moor, Ashbourne £15

2 hour session for more experienced/club riders. To have fun, learn skills & get some miles in!

#### You need:

- · Your own bike & helmet
- · To be able to ride unaided
- A drink

### **Dates & Times**

• Tue 13 April, 10.30-12.30pm

All activities must be booked in advance





cyclederby

Please call: 01332 641747 or email: cyclederby@derby.gov.uk

Appropriate Covid-19 safety measures will be in place

CJS News 19th March 2021 Page **7** of **7**