

KS2 (LOWER) HISTORY CURRICULUM OVERVIEW FOR PARENTS

History in Lower Key Stage 2 helps children explore life in Britain from the earliest times to the end of the Viking period. They begin to understand how people lived, what they believed, and how different groups influenced each other. Children use artefacts, stories, maps and timelines to build a clear picture of how Britain developed through time.



Children learn about:

- The Stone Age to the Iron Age – discovering how early humans survived, farmed and built communities.
- The Romans – understanding how the Roman Empire expanded into Britain and what lasting changes it brought.
- The Anglo-Saxons and Vikings – exploring invasion, settlement and how these cultures shaped Britain’s identity.
- Local history – finding out how their own area links to these national stories.



This helps children understand how Britain has changed over thousands of years and how different peoples have influenced its development.

Children explore:

- Daily life in past societies – homes, food, tools, art and traditions.
- The reasons behind invasion, migration and change.
- The achievements and legacies of early peoples.

These studies encourage children to make connections across time and appreciate how human progress shapes the present.



Children are introduced to:

- Sequence events and periods on a timeline.
- Use artefacts, maps, and written or visual sources to find answers.
- Begin to explain causes and consequences of key events.
- Communicate their learning through writing, drama, debate and creative work.

This helps children think critically and begin to interpret the past for themselves.



History helps children:

- See how Britain’s story has developed through different eras.
- Understand how change happens and what drives it.
- Appreciate resilience, innovation and cultural diversity.
- Develop enquiry, reasoning and communication skills.



HISTORY

KS2 Lower: How can I help my child at home?

Your conversations help children link what they learn in school to the real world and develop curiosity about how life has changed through time.

Look at maps to trace where early peoples lived or settled.



Visit museums or heritage sites that explore the Romans, Vikings or prehistoric Britain.

Encourage your child to research a historical figure or event that interests them.



Watch documentaries or read stories set in ancient times.

Explore family stories or photographs from different generations.

